

Dance Program Information

2019-2020**Season**

Welcome to Chesco Dance
Center!

CDC is located in the city of Avondale,
PA

Chesco Dance Supply – purchase all
your dance necessities!

Route 1 – Avondale 41 Exit – Easy
access to all area students!

**Classes available in Ballet, Pointe,
Jazz, Tap, Hip Hop,
Contemporary, Acro Dance, and
more!**

**Beginner to Pre-Professional
Levels**

**Also offering teen classes in many
dance styles!**

**Located in the London Grove
Shopping Center 773 Gap
Newport Pike, Avondale Pa 19311
and in the Chelsea Shopping
Center 946 Lake Road, Avondale
PA**

**(2nd building 1st door.- On “Old”
Baltimore Pike, Avondale, PA
19311)**

chescodancecenter@gmail.com

www.chescodancecenter.com

**Welcome to Chesco
Dance Center!**

**CDC’s philosophy represents
a positive and exciting
learning environment where
dancers can have fun, be
creative, build lasting
friendships, and experience
the incredible art of dance.**

**Dancers will have
performance and workshop
opportunities as well as
exciting in-studio events.
Whether your dancer is
recreational, or will be
pursuing a career in the
dance world, we have the
programs to meet their
needs!**



Our 2019-2020 SESSION BEGINS

Tuesday September 3 2019

**and ends with our
recitals in June 2020 (date
TBA).**



The CDC recital is a professionally run performance and provides students with a wonderful performance opportunity. Recital details will be available in September. Recital is optional to all students. Please refer to the class schedule to see which classes will be performing in the recitals.



Registration fee is waived
until August 1 2019!

After August 1 2019
registration fee is \$25 for
individual and \$30 per family.

Check out our staff and
more info on
Chescodancecenter.com

Still accepting Gems
auditions until July 31 2019

We have many exciting
Events planned for all the
dancers at Chesco Dance
Center for the 2019-2020 Season
and you are invited to join us!



Home of the Award
Winning

GEMS Dance Company

The award winning Dance
Company will be setting off
on their 2019-2020 season!

Come support them in their
competitions
and community
performances!



**Nutcracker auditions to
be held Friday
September 6 2019 for
all CDC Dancers age 5+**

PROFESSIONAL TRAINING AND DANCE EXCELLENCE!

Placement of dancers is made at the discretion of the director and faculty and is based on your child's ability and level. All decisions are made by professionals and are with your child's best interest in mind.

Our goal is to provide the highest quality dance instruction and to uphold a professional caliber. Whether a student is pursuing a dance career or just wanting the finest instruction for recreational purpose, Chesco Dance Center is the studio of choice. We want your experiences here to be educational, inspirational, and fun.

To preserve the integrity of the studio, please adhere to our rules and policies.

*Chesco Dance Center reserves the right to change staff, class times, and levels at any time for any reason.

Current Dancers at Chesco Dance Center will receive a post card with their classes highlighted. Please let us know if your dancer would like try a style that was not highlighted.

Some Frequently asked questions

Why didn't my dancer change levels for next season?

Unlike regular school, dancers often study at the same level classes/styles for 1-3 years. They spend the first year learning the curriculum at what is called a "novice level", they then progress to "mastering the level". Dancers who progress in this manner become more proficient at all aspects of the dance curriculum and the benefits also include building confidence, strength, poise, and technique.

How old does my child have to be to begin dance?

We now offer classes for ages 18 months-adult

When can my dancer go on pointe?

To be considered for pointe, dancers must have at least 2 years Ballet experience and be 11-12 years old. They must maintain 2 separate ballet classes a week on separate days, and must take the pre-pointe class before being accepted into the pointe program.



Registration begins online Monday June 15 2019





Preschool and Toddler **Dance Division**

Our Preschool and Toddler Division provides the fundamentals of dance, while incorporating creative movement, tumbling, singing, and fun! Children must be potty trained and able to stay in the dance room during the entirety of the class. Parents can watch the fun on the closed circuit TV. (except for “parent and me” where they will be inside the dance room.

Move and Groove (ages 3-5)	Monday 4:45pm-5:30pm	Studio 2	Instructor – Julz Aumiller
Pre-Ballet (ages 3-4 years)	Wednesday 4:30-5:15	Studio 2	Instructor - Julz Aumiller
Parent and Me (18 months-3 years)	Saturday 8:45-9:15	Studio 2	Instructor- Kellie Greer
Pre-Ballet 1 (age 3)	Saturday 9:15-10:00	Studio 2	Instructor-Kellie Greer
Pre-Ballet 2 (age 4)	Saturday 10:00-10:45	Studio 2	Instructor-Kellie Greer

Primary Dance **Division**

The Primary level (ages 5-7) introduces dancers to basic dance steps in a progressive, instructive method. While still engaging learning through fun activities, classes will be structured to focus on dance terminology, technique and steps. *All dance classes performing in the June recital.

Move and Groove (ages 3-5)	Monday 4:45pm-5:30pm	Studio 2	Instructor – Julz Aumiller
Primary Ballet/Tap/Jazz	Wednesday 5:15-6:00	Studio 2	Instructor- Julz Aumiller
Primary Ballet/Tap/Jazz	Saturday 10:45-11:45	Studio 2	Instructor- Kellie Greer
Acro Dance (ages 5-8)	Thursday 4:45-5:30	Studio 2	Instructor Kylene Brock
Beginner Hip Hop (ages 6-8)	Wednesday 6:00-6:45	Studio 2	Instructor- Julz Aumiller

Elementary Dance Division

Elementary Level (Ages 7-10) level classes focus on basic dance technique, steps, and terminology while also introducing dancers to “age appropriate” strength and flexibility exercises. Classes are taught in a progressive and focused structure, all while still having fun! *All classes performing in the June recital.

Acro Dance (ages 5-8)	Thursday 4:45-5:30	Studio 2 Instructor Kylene Brock
Elementary Ballet/Tap/Jazz	Thursday 5:30-6:30	Studio 2 Instructor- Kylene Brock
Beginner Hip Hop (ages 6-8)	Wednesday 6:00-6:45	Studio 2 Instructor- Julz Aumiller
Elementary Ballet/Tap/Jazz	Saturday 11:45-12:45	Studio 2 Instructor- Kellie Greer
Tap 1 (8+)	Tuesday 6:00-6:45	Studio 2 Instructor- Rochelle Haynes
Intermediate Cheer Dance (ages 8+)	Tuesday 4:30-5:15	Studio 2 Instructor- Jenny Glenn
Intermediate Acro Dance (ages 8+)	Tuesday 5:15-6:00	Studio 2 Instructor- Jenny Glenn
Contemporary (ages 8+)	Saturday 9:30-10:15	Studio 1 Instructor- Jenny Glenn
(Pom Jazz (ages 8+)	Saturday 10:15-11:00	Studio 1 Instructor- Jenny Glenn
Acro Dance (ages 8+)	Saturday 11:00-11:45	Studio 1 Instructor- Jenny Glenn
Yoga/Stretch/Strengthen	Saturday 11:45-12:30	Studio 1 Instructor- Jenny Glenn

Intermediate Dance Division

Intermediate 1 Level (Ages 8-11)

Intermediate 1 dancers experience a focused curriculum based on technique, strength, flexibility, and movement. This level “sets the stage” for their future training, and dancers are now encouraged to take several different styles to balance their training. * Yoga will not be in the recital

Tap 1 (8+)	Tuesday 6:00-6:45	Studio 2 Instructor- Rochelle Haynes
Intermediate Cheer Dance (ages 8+)	Tuesday 4:30-5:15	Studio 2 Instructor- Jenny Glenn
Intermediate Acro Dance (ages 8+)	Tuesday 5:15-6:00	Studio 2 Instructor- Jenny Glenn
Contemporary (ages 8+)	Saturday 9:30-10:15	Studio 1 Instructor- Jenny Glenn
(Pom Jazz (ages 8+)	Saturday 10:15-11:00	Studio 1 Instructor- Jenny Glenn
Acro Dance (ages 8+)	Saturday 11:00-11:45	Studio 1 Instructor- Jenny Glenn
Yoga/Stretch/Strengthen	Saturday 11:45-12:30	Studio 1 Instructor- Jenny Glenn
Intermediate 1 Contemporary	Monday 5:30-6:15	Studio 2 Instructor- Julz Aumiller
Intermediate 1 Ballet	Monday 6:15-7:15	Studio 2 Instructor- Kellie Greer
Intermediate 1 Jazz	Monday 7:15-8:00	Studio 2 Instructor- Kellie Greer
Beginner Hip Hop (ages 6-8)	Wednesday 6:00-6:45	Studio 2 Instructor- Julz Aumiller

INTERMEDIATE CLASSES CONTINUED ON NEXT PAGE

Intermediate Hip Hop	Wednesday 6:45-7:30	Studio 2	Instructor- Tiffany Holmes
Breakdance/Floor Work	Wednesday 7:30-8:15	Studio 2	Instructor- Tiffany Holmes
Intermediate Musical Theatre	Monday 6:45-7:30	Studio 1	Instructor-Mindy Kendi

Intermediate 2 Level (Ages 9 +) This level educates dancers to complete more complex technique, steps, and movements. Dancers are encouraged to train in several different styles of dance in order to become a “well-rounded” dancer. *Yoga will not be in the recital

Intermediate 2 Jazz	Monday 4:15-5:00	Studio 1	Instructor- Kellie Greer
Intermediate 2 Ballet	Monday 5:00-6:00	Studio 1	Instructor- Kellie Greer
Intermediate 2 Contemporary	Monday 6:00-6:45	Studio 1	Instructor- Mindy Kendi
Intermediate Musical Theatre	Monday 6:45-7:30	Studio 1	Instructor- Mindy Kendi
Intermediate Cheer Dance (ages 8+)	Tuesday 4:30-5:15	Studio 2	Instructor- Jenny Glenn
Intermediate Acro Dance (ages 8+)	Tuesday 5:15-6:00	Studio 2	Instructor- Jenny Glenn
Tap 2	Tuesday 6:45-7:30	Studio 2	Instructor- Rochelle Haynes
Intermediate Hip Hop	Wednesday 6:45-7:30	Studio 2	Instructor- Tiffany Holmes
Breakdance/Floor Work	Wednesday 7:30-8:15	Studio 2	Instructor- Tiffany Holmes
Contemporary (ages 8+)	Saturday 9:30-10:15	Studio 1	Instructor- Jenny Glenn
Pom Jazz (ages 8+)	Saturday 10:15-11:00	Studio 1	Instructor- Jenny Glenn
Acro Dance (ages 8+)	Saturday 11:00-11:45	Studio 1	Instructor- Jenny Glenn
Yoga/Stretch/Strengthen	Saturday 11:45-12:30	Studio 1	Instructor- Jenny Glenn



Intermediate 3 Level (Ages 11+)

Dancers are introduced to a pre-professional level of training. Movement and technique merge to encourage a well rounded, well trained dancer.

Intermediate Musical Theatre	Monday 6:45-7:30	Studio 1	Instructor- Mindy Kendi
Elite Ballet (by invitation only)	Monday 7:30-8:45	Studio 1	Instructor- Val Goncharov
Elite Pointe (by invitation only)	Monday 8:45-9:15	Studio 1	Instructor- Val Goncharov
Intermediate 3 Contemporary	Tuesday 5:00-6:00	Studio 1	Instructor- Jenica Narducci
Dance Team/Pom Jazz	Tuesday 7:45-8:30	Studio 1	Instructor Jenny Glenn
Tap 3	Tuesday 7:30-8:15	Studio 2	Instructor- Rochelle Haynes
Intermediate 3 Jazz	Wednesday 4:15-5:15	Studio 1	Instructor- Kellie Greer
Intermediate 3 Ballet/Pointe	Wednesday 5:15-6:30	Studio 1	Instructor- Kellie Greer
Advanced Lyrical	Wednesday 6:30-7:15	Studio 1	Instructor- Kellie Greer
Advanced Hip Hop	Wednesday 8:30-9:15	Studio 1	Instructor- Tiffany Holmes
Pre-pointe/Pointe Technique*must take intermediate 3 ballet directly after	Thursday 4:15-4:45	Studio 1	Instructor- Mindy Kendi
Intermediate 3 Ballet	Thursday 4:45-6:00	Studio 1	Instructor- Mindy Kendi
Acro Dance (ages 8+)	Saturday 11:00-11:45	Studio 1	Instructor- Jenny Glenn
Yoga/Stretch/Strengthen	Saturday 11:45-12:30	Studio 1	Instructor- Jenny Glenn

If Intermediate 3 dancers would like to take a 3rd ballet class, please ask the director which level they will be placed into.

****Any dancer interested in pointe must take at least 2 Ballet classes per week and be accepted into the program by the Director. Students must be at least 9 years old for pre-pointe and 11 to be considered for pointe.**

Intermediate 3 dancers will be permitted to stay at the studio during any class breaks to do homework and eat dinner. Parents must send in a note that their dancer will be staying during class breaks. Dancers are expected to display exemplary behavior during this time.



Advanced Dance **Division**

Advanced Level (Ages 12+)

The level will study dance in a structured environment for the serious student. Emphasis is on strengthening body placement, coordinating body movements, and improving technique while creating an ARTIST. Dancers are training at an Elite level and must have at least 4 years of experience. Dress code and attendance are enforced to promote the best training.

Elite Ballet (by invitation only)	Monday 7:30-8:45	Studio 1	Instructor- Val Goncharov
Elite Pointe (by invitation only)	Monday 8:45-9:15	Studio 1	Instructor- Val Goncharov
Advanced Jazz	Tuesday 6:00-7:00	Studio 1	Instructor- Jenica Narducci
Advanced Contemporary	Tuesday 7:00-7:45	Studio 1	Instructor- Jenica Narducci
Dance Team/Pom Jazz	Tuesday 7:45-8:30	Studio 1	Instructor Jenny Glenn
Advanced Tap	Tuesday 8:30-9:15	Studio 1	Instructor- Rochelle Haynes
Advanced Lyrical	Wednesday 6:30-7:15	Studio 1	Instructor- Kellie Greer
Advanced Ballet/Pointe	Wednesday 7:15-8:30	Studio 1	Instructor- Kellie Greer
Hip Hop 4	Wednesday 8:30-9:15	Studio 1	Instructor- Tiffany Holmes
Advanced Musical Theatre	Thursday 6:00-6:45	Studio 1	Instructor- Mindy Kendi
Advanced Ballet/Pointe	Thursday 6:45-8:00	Studio 1	Instructor- Mindy Kendi
Advanced Contemporary	Thursday 8:00-9:00	Studio 1	Instructor- Mindy Kendi
Yoga/Stretch/Strengthen	Saturday 11:45-12:30	Studio 1	Instructor- Jenny Glenn

Any dancer interested in pointe must take at least 2 Ballet classes per week and be accepted into the program by the Director. Students must be at least 9 years old for pre-pointe and 11 to be considered for pointe.

****Hip Hop 4 participation must be approved by the director.**



Teen Division

Teen Lyrical Jazz and Contemporary	Thursday 6:30-7:15	Studio 2	Instructor- Kylene Brock
Intermediate Musical Theatre	Monday 6:45-7:30	Studio 1	Instructor- Mindy Kendi
Intermediate Cheer Dance (ages 8+)	Tuesday 4:30-5:15	Studio 2	Instructor- Jenny Glenn
Intermediate Acro Dance (ages 8+)	Tuesday 5:15-6:00	Studio 2	Instructor- Jenny Glenn
Intermediate Hip Hop	Wednesday 6:45-7:30	Studio 2	Instructor- Tiffany Holmes
Breakdance/Floor Work	Wednesday 7:30-8:15	Studio 2	Instructor- Tiffany Holmes
Contemporary (ages 8+)	Saturday 9:30-10:15	Studio 1	Instructor- Jenny Glenn
Pom Jazz (ages 8+)	Saturday 10:15-11:00	Studio 1	Instructor- Jenny Glenn
Acro Dance (ages 8+)	Saturday 11:00-11:45	Studio 1	Instructor- Jenny Glenn
Yoga/Stretch/Strengthen	Saturday 11:45-12:30	Studio 1	Instructor- Jenny Glenn



CDC'S DRESS CODE REQUIREMENTS

All students are expected to consistently abide by the dress code. Instructors will always have the final approval on your attire for class.

No jeans or jean shorts.

For females, hair must be worn in a bun for ballet classes and combo classes that include ballet, or off the neck and out of the eyes for all other classes.

For short hair that doesn't reach the shoulders, students should wear a headband or use barrettes to secure the hair away from the face

For safety reasons, no jewelry or watches in class.

Ballet slippers should be fitted like a sock, but not so tight that the toes curl up. For younger students that are in a growth spurt, it is alright to purchase slipper with a bit of growth room.

Where Can I Purchase Dance wear?

Chesco Dance Center (located at the same building as Studio 2) is proud to provide high quality dance supplies and apparel. We will provide all of your needs for dance classes and performances with convenience and reasonable prices. If we cannot meet your needs we will be happy to give you a list of other quality providers.

Ballet Dress Code for Girls-

Pre-Ballet Levels – Leotard, tights, and pink leather or canvas Ballet slippers. Hair must be worn in a bun.

Primary and Elementary Levels – Leotard, tights, and pink leather or canvas Ballet slippers. Skirts or tutus may be worn. Hair must be worn in a bun. Please send your dancer to class with her hair finished. Our instructors are here to answer any questions on doing a bun.

Intermediate 1, 2, and 3 Levels – Leotard, tights, and pink or canvas Ballet slippers. Hair must be worn in a bun with hairnet, and bobby pins. Please send your dancers with her hair finished or the appropriate supplies so that the instructor can teach her how to do a bun. No bangs allowed to hang in face. Ballet skirts may be worn. No t-shirts, sweatshirts or shorts.

Advanced Levels – Leotard, tights, and pink leather or canvas Ballet slippers. Hair must be worn in a bun with hairnet and bobby pins. No bangs

allowed to hang in face. Skirts may be worn. No t-shirts, sweatshirts, or shorts.

Jazz Dress Code for ALL Levels-

Leotard, tights, dance shorts or dance pants. TAN slip-on jazz shoes – slip on only (no jazz sneakers).

Hair must be worn off the neck in pony tail or if too short, in a headband. No T-shirts.

Tap Dress Code:

Pre-Ballet, Primary, and Elementary Levels – Leotard, tights, dance shorts or dance pants. Black tap shoes with Velcro or buckles “Mary Janes”. Hair must be worn off the neck in pony tail or if too short, in a head band.

Intermediate 1, 2, 3, Teen and Advanced Levels – Leotard, tights, dance shorts or dance pants. Black tap shoes with lace-up ties (not “Mary Jane”) or slip on. Split sole taps for Intermediate 3 and Advanced optional. Hair must be worn off the neck in pony tail or if too short, in a headband. No t-shirts.

Contemporary Dress Code for ALL levels-

Leotard, tights, dance shorts or dance pants may be worn. Tank tops are acceptable. Hair must be pulled away from the face. Bare feet or modern foot thongs are to be worn on the feet. No large or baggy shirts or t-shirts.

Hip Hop Dress Code for ALL Levels-

Shorts or dance pants, t-shirts or tank tops, sneakers with no tread (please wear “skateboarding shoes”)

AcroDance

Leotard and shorts with bare feet. Hair must be pulled back out of the face. No baggie pants, shorts, or shirts. No tights or attached skirts.

SPECIALTY CLASS DESCRIPTIONS

Move and Groove- The most energetic class around. This class will combine creative movement games, Jazz and Contemporary dance, imagery, obstacle courses, music, and sensory props. Open to children ages 3-5

Parent and Me- It's time to wiggle, dance, twist and turn! Parents and children will enjoy moving and grooving in this class designed to introduce movement activities through fun games and songs. We'll discover how music promotes language, cognitive, social and physical development while children learn how much fun it is to dance! Designed for ages 18 months-3 years old.

Acro Dance- Tumble and Dance your way to fun in this energized and exciting class! Children will learn upbeat dance moves, basic tumbling, and will work on balance, coordination, flexibility, and their IMAGINATION!

Intermediate/Advanced Acro Dance (ages 8+) - So whether you are a cheerleader just getting started, you are preparing for college tryouts or you just want to learn how to tumble, Acro Dance can help with the conditioning and skills needed for success. This class provides tumbling, jumping, and motion training, and focuses on specific skills, such as back handsprings and aials, as well as general skills and instruction in performance technique and choreography.

Musical Theatre- Musical Theatre combines jazz technique with other varieties to create a "Broadway" style of dance. This class will follow jazz warm up and will have progressions and center floor work and combinations that combine acting with jazz dance, as seen on Broadway.

Pom Jazz- Want to dance in college or professionally? This is the class for you! They say there's no "I" in "team"—and nowhere is that truer than the world of college dance teams, where precision reigns, uniformity is key, and a single misstep from any given "I" can cost a group a championship trophy. Prepare to dance at Athletic games, performances, and nationally televised competitions (ESPN).

Dancer's Yoga and Stretch- Yoga is tool no dancer's survival kit should be without! Dancers gain increased body awareness, mental awareness, and increased strength and flexibility. Yoga helps dancers to prevent injuries, as well as improving all aspects of their dance technique! Encouraged for all dancers ages 8+



BEING A WELL ROUNDED DANCER

LEADS TO SUCCESS FOR A LIFETIME!



Dancers that are well-rounded, diverse, and technically proficient in their training are undoubtedly the most competitive in the industry.

Exposing students to a variety of styles- ballet, tap, jazz, acrobatics, contemporary, musical theatre, hip-hop, etc. is essential in building a well-rounded dancer.

For example, a student with tap training likely has a higher understanding of musicality and rhythm, even in other styles of dance. Or, a student with acrobatic training may have a heightened awareness regarding his/her flexibility and control.

Even if a student chooses not to dance beyond high school, the skills in adaptability and versatility will cross apply to other endeavors for their lifetime.



Tuition Rates for 2019-2020

With the current economy in mind, Chesco Dance Center has kept its prices economical in order to help our dance families! Professional instruction at a reasonable cost! Discounts for multiple classes (5 hours +)

Our 2019-2020 Year Policy is 10 Monthly Payments up to and including a payment in June

(Sept, Oct, Nov, Dec, Jan, Feb, Mar, Apr, May, June)

Tuition is due no later than the 15th of the month, after the 2nd class late fees will be applied to the account.

Any account more than 1 month will be put on suspension from all classes and Dance Company events until account is paid in full.

CDC accepts cash, checks, and Credit Cards as a form of payment for classes.

Registration Fee- After August 1 2019

\$25 individual and \$30 per family.

30 Minute class- (\$12.00 per class) \$42 per month

45 minute /1 hour class - (\$17.10 per class) \$60 per month

1 hour and 15 minute class - (\$20.00 per class) \$70 per month

1 hour and 30 minute class - (\$22.00 per class) \$77.00 per month

Adults and teens- the Drop in rate is \$20 per class for a 45 minute/hour long class.

Family Discounts

2nd family member 3% off monthly tuition

3rd family member 5% off monthly tuition

Chesco Dance Center offers students a special rate for any dancer who takes more than 5 hours/classes of dance per week.

Save by doing an unlimited program!

Savings can be hundreds of dollars per month by joining an Unlimited Dance Program

Basic Unlimited Program

-Up to 7 hours per week - Cost is split into 10 monthly payments of \$365.00 and includes:

Dance Classes for 1 student up to 7 hours per week (gems counts as 1 hour towards the class hourly total)

Total Unlimited Program

Unlimited hours per week - Cost is split into 10 monthly payments of \$445.00 and includes:

ALL Chesco Dance Center classes for 1 student
Includes Gem Team Monthly Tuition

*No credits are given for absences, termination of classes on the student's part, illness or injury, or inclement weather.

Students are encouraged to make up any missed classes in any class of the same level.

CDC must be notified at least 30 days in advance for termination of classes. Tuition fees will continue to be charged until notification is received in written form or via email.

Private Lessons

The Chesco Dance Center faculty offers private lessons in any style of dance to improve technique, strength, or movement as well as choreography of dances for talent shows, competitions, and college auditions.

Get that extra "leap" ahead with private lessons!

Contact CDC for pricing, scheduling, and more information

chescodancecenter@gmail.com